

Oat Fiber

Grain Millers pioneered a process to create the industry's first organic and conventional line of chemical-free oat fiber, empowering you to develop and preserve clean labels. This ever-expanding line meets FDA dietary fiber regulations to help you improve dietary fiber claims.

Oat fiber is a great source of insoluble fiber with many nutritional and functional benefits. It absorbs high amounts of lipids and water, resulting in improved yields, crumb softness, and texture, while enhancing nutrition and functionality to foods like cereals, breads, snacks, bars.



Oat Fiber BCS 20 (low absorption)

This low-absorption (200% by weight water absorption) fiber can be used in bakery products, ready-to-eat cereals, and snacks.

Oat Fiber BCS 30

Use this standard-absorption (300% water absorption) oat fiber product when you are looking to improve functionality in your bakery products (high and low-moisture systems), ready-to-eat cereals, snacks, tortillas & flat breads, bars, beverages, natural flow aids, batters & coatings, and overall dietary fortification.

Oat Fiber BCS 30L (lightened)

Our standard BCS 30L fiber, lightened for use in white or light-colored food applications.

Oat Fiber BCS 30SS (soft & short)

Use this soft and short, finely ground oat fiber product to create soft textures and soft intermediate moisture foods.

Oat Fiber BCS 30SL (soft & long)

For shelf-life extension and resiliency in baked goods, use this soft and long oat fiber product. It can also be applied to enhance the crunch in cereals, chewiness in bars, and breakage reduction.

Oat Fiber BCS 30XS2 (extra fine)

An extra-fine fiber with higher solubility into liquids with a smooth mouthfeel. Great for use in beverages, soft bakes, or as a soluble fiber replacement.

SPECIFICATIONS

AVAILABLE AS

Organic, Gluten Free, Non-GMO, Conventional



PRODUCT APPLICATIONS

- Breads
- Bars
- Tortillas
- Cookies
- Flatbreads
- Cereals
- Pastries
- Batters & Breaders
- Granola
- Beverages

FACILITY CERTIFICATIONS

Location	Organic	Food Safety & Quality	Kosher	Other
Eugene, OR	Oregon Tilth	BRC	Orthodox Union	Halal
St. Ansgar, IA	Oregon Tilth	BRC	Orthodox Union	GFCP

NUTRITIONALS

Nutrients	Value/100g
Calories (kcal)	24
Total Fat (g)	0.48
Protein (g)	2.15
Trans-Fatty Acid (g)	0
Cholesterol (mg)	0
Total Carbohydrate (g)	2.65
Total Dietary Fiber (g)	85.26*
Souble Dietary Fiber (g)	0.28
Insoluble Dietary Fiber (g)	84.99
Sugars (g)	0.69
Sodium (mg)	118
Calcium (mg)	74.9
Iron (mg)	2.54
Total Vitamin A (IU)	0
Vitamin C (mg)	0

*As is (90% minimum on a dry basis)

PRODUCT CHARACTERISTICS

- A. Sensory:** Visual: Light tan to white
 Flavor: Bland to slightly sweet
 Odor: No off odors
 Texture: Fine powder

REGULATORY STATEMENTS

- A. Ingredient declaration: Natural oat fiber
 B. FDA Compliance: Complies with FDA Title 21 CFR 101.9(c)(6)(i) as dietary fiber.
 C. Product contains no components from an animal source.
 D. SDS available upon request.

The analytical data in Nutritionals is provided solely as a guideline. Actual results may vary widely from stated values due to weather, soil conditions, crop year, and region of origin. Customers are encouraged to perform their own nutritional testing to meet nutritional labeling requirements.